A. Ongoing Rituals

- 1. My slave will wait for me to open doors for her. This is a moment of re-affirmation of our D/s relationship.
- 2. My slave will request to use the bathroom and come to me afterwards with a kiss.
- 3. My slave will wash me in the shower and dry me afterwards.
- 4. My slave will present her lips to me whenever I say, "Kiss!"
- 5. My slave will be naked in my presence unless told otherwise. When others are present, I will make exposure decisions based on my understanding of my slave's preferences.
- 6. When my slave returns from work or errands, she will remove her clothes, put on her collar, if applicable, and crawl to me, then wait in Position One until I acknowledge her. This will assist her in returning to the M/s dynamic.
- 7. During events, my slave will sit on the floor at my feet with her back to me, facing the guests.
- 8. My slave will maintain a journal or blog that I will read frequently.
- 9. My slave will ask permission before cumming and say, "Thank you, Sir," after cumming. If she is having a series of cums, permission is required only for the first one and she can save her thanks for later.
- 10. When my cock is exposed and my slave's hands or mouth are within reach of my cock, she will play with or suck my cock without being asked.

B. Collar

- 1. Collars have different meanings to different people, so we will discuss the use of one or more collars.
- 2. There might be more than one collar. E.g. for vanilla settings, for everyday use and for "dress-up".
- 3. Or there might be a single collar of intense meaning, possibly one that only I can remove.

C. Formal Protocol or Mode

- 1. Utmost respect and serious demeanour denote Formal Protocol.
- 2. Formal protocol is active when:
 - i. Upon waking if the slave does not work outside the home
 - ii. I say "Formal"
 - iii. I request one of the positions
 - iv. During a scene
 - v. Other times as specified
- 3. Language will be precise, properly enunciated and without contractions such as "I'd"

- 4. My slave will defer to me and every request will leave the decision to me, e.g. "Would Sir like his slave to go to the washroom?" rather than "May I go to the washroom, Sir?"
- 5. Every sentence will contain "Sir" or "Master".
- 6. My slave will not speak unless invited to do so.
- 7. If she wishes to express herself, she will ask first, e.g. "May I speak, Sir?"
- 8. Eyes will be downcast unless otherwise requested.
- 9. Movements will be flowing and graceful.
- 10. The percentage of time in formal mode, places and other variables will be determined depending on the living and working arrangements.

D. Informal Protocol or Mode

- 1. Respect is still key, but language is more casual, and the tone is lighter.
- 2. My slave may speak freely without requesting to speak.
- 3. The use of Sir should be liberal, but isn't required for every sentence.
- 4. Informal Mode is active when:
 - i. I say "Informal" or "Casual"
 - ii. When around non-kinksters
 - iii. Other times I specify

E. Positions

- 1. **Obedience**: sitting on haunches with knees spread, hands on thighs with palm upward, straight back, and eyes down. If sitting on haunches is difficult, a more comfortable position can be sought, including the use of a pillow, so long as the pussy is in view and the pose is attractive.
- 2. **Pride**: standing with feet apart, back straight, hands interlocked behind the head and eyes focused on where the wall and ceiling meet.
- 3. **Preparation**: kneeling on all fours with the arms crossed at chin level, that is, kneeling on knees and elbows/forearms, with your forehead touching her hands/arms.
- 4. **Presentation**: same position as Obedience, but with hands upraised with whatever is being presented.
- 5. **Crawling**: a unique style will be developed by my slave that is sensuous and alluring.
- 6. **Undressing**: my slave will be adept at removing her cloths in a sultry, sexy manner

F. Presentation of Drinks, etc.

- 1. My slave will bring the item in both hands in front of her, then kneel on one knee.
- 2. For drinks, my slave will kiss the glass where my lips will touch, then turn the glass and offer it to me, with eyes down.
- 3. For other items, after kneeling, my slave will extend her hands with her eyes down.

G.Mornings (if slave not working outside home)

- 1. My slave will assume that I desire sexual service upon waking.
- 2. Waking time will be about 7 a.m.
- 3. My slave will ask soon after waking, "How may I serve you, Master?"
- 4. If necessary, one or both may go to the washroom prior to service.
- 5. After service, my slave will turn off the alarm, and bring me the newspaper and a small snack per the meal planner.
- 6. My slave will then prepare breakfast while I exercise.
- 7. My slave will join me in the shower and then finish preparing breakfast.
- 8. Initially, snacks and meals will be in keeping with the one-week meal planner posted on the fridge. Later my slave will be free to be more imaginative while maintaining the health premises of the meal planner.

H. Mornings (if slave working outside home)

- 1. Depending on my slaves commuting and starting time, I would very much prefer to have sex in the morning even if it's limited to a quick blow job.
- 2. The schedule and duties will be determined to fit the circumstances.

I. During the day (if not working)

- 1. During or just after breakfast, my slave will present a plan for her day, some of which will have been discussed the night before.
- 2. Chores (see below) will be included.
- 3. Helping me with my business will sometimes be included (bookkeeping, filing, etc.)
- 4. Self-development for my slave will be on-going and might include reading, writing, and researching. She might also take courses.
- 5. My slave will prepare snacks and meals per the menu planner.
- 6. Upon my whim, we will have sex or SM sessions during the day.
- 7. If I tell my slave what kind of play we will be doing, she will prepare accordingly.
- 8. I am delighted when my slave requests sex or SM sessions by begging or pleading. Note that I retain the decision. I do not perform at the beck and call of my slave.

J. During the day (if working)

1. My slave will have designated times and methods for communicating with me during the day in order to keep our dynamic strong.

K. Suppertime and Evenings

1. Usually supper will be a relaxing, connecting time and will usually be eaten in the front room with me sitting on the couch and my slave on the floor.

- 2. We will shower before or soon after supper.
- 3. My slave will assume that we will always play after dinner.
- 4. Sometimes we will watch a movie after play.

L. Private Play

- 1. It is assumed that we will play each evening and during the days as I decide and according to practicality.
- 2. Unless my slave has told me of additional limitations, such as health issues, I will assume that she is capable of whatever play I decide on.
 - i. I prefer to have time to think, plan and prepare. Anticipation of a scene and a mental visualization of it are part of the turn-on for me.
 - ii. That doesn't mean I'll stick to a rigid plan.
- 3. If my slave prefers knowing ahead of time or if I deem it appropriate, I will discuss the scene beforehand. Otherwise, the scene will be a surprise for my slave.
- 4. After play, my slave will usually assist in cleaning up, depending on a variety of factors.

M.Public Play

- 1. I enjoy public play as a form of performance theatre.
- 2. My slave will demonstrate her respect and obedience in public in order to reflect well on her Master.
- 3. I will decide on Formal and Informal modes and communicate my desires clearly.
- 4. Discussion about play may occur beforehand, at my discretion.
- 5. Exposure will also be at my discretion.

N. Safewords

- 1. Safewords (and related non-verbal signals) will be used at the outset.
- 2. Over time, their use may decline and at some point my slave may ask to have safewords removed.
- 3. "Yellow" or an equivalent will indicate that my slave has reached the edge of her capability to handle pain and will signal to me to lesson the intensity, change the location, or switch instruments. Often I will check in with her as well.
- 4. "Red" or an equivalent will indicate that my slave needs the scene to end immediately. I will remove restraints and put her in a "safe" place, physically and emotionally.

O. Medical Issues

- 1. My slave will look after her body and mind so that she is ready to play as much as possible.
- 2. Symptoms will be acted upon promptly and expert advice sought in consultation with me. Experts might include doctors, dentists, chiropractors, massage therapists, naturopaths, etc.

3. My slave will keep me informed of anything that might affect play or her overall health, including psychological issues.

P. Household Chores (depending on obligations outside the home)

- 1. Preparing shopping lists.
- 2. Shopping sometimes on her own if she drives.
- 3. Dusting, sweeping, mopping
- 4. Preparation and cleanup of meals
- 5. Laundry
- 6. Gardening
- 7. Preparing for parties and event as necessary
- 8. The above duties will be further clarified; including such things as how often linen is to be changed and other details.
- 9. If my slave's time is limited, I will pay for housekeeping services as needed.

Q. Hosting Events and Parties

- 1. I enjoy hosting discussion groups, workshops and parties. Our home will usually have events every week.
- 2. My slave will prepare shopping lists, help with shopping, and then chop/cut food as needed and lay out the food attractively for guests.
- 3. My slave will perform all the duties of a gracious hostess.

R. Clothing and Personal Appearance

- 1. I am extremely proud of my slave and depending on time constraints, I will take an active role in choosing and/or approving my slave's dress, makeup, etc.
- 2. I am not a micromanager, so I will often leave things at my slave's discretion. However, I expect my slave to know my preferences and to model for me proudly once she is ready.
- 3. Shopping for new clothes will often be a special outing for the two of us. If my slave shops for herself, we will discuss things beforehand and if she's in doubt, she will phone me from the store.
- 4. If my slave makes her own clothes, she will delight in showing me designs and discussing her ideas, incorporating any suggestions I make.

S. Finances

- 1. My slave is my property, which I take very good care of.
- 2. Barring special considerations, I will have control of the household finances, which will be a pooling of all income that comes into the household.
 - i. I will apportion spending money as I see fit.

- ii. I will make larger decisions with input from my slave.
- iii. My slave will discuss purchases over a \$50 with me, especially if it involves credit.
- 3. My slave will have her own bank account, credit cards, etc., and maintain a separate identity from me unless we decide on a government-certified marriage.
- 4. I will not have access to my slave's bank account unless she wishes me to.
- 5. I will have my slave put amounts into her account as savings on a regular basis commensurate with what she earns.
- 6. I will also have my slave put amounts into her account to build toward a contingency fund (about \$10,000) that she can use at her discretion in the event of my death or incapacitation. She can also use it if our relationship sours and she needs to leave quickly for her own safety. The accumulated amount will be returned to me in the event that my slave decides to leave for any other reason.
- 7. In my will, my slave will be looked after to the best of my ability, including any life insurance. My daughter will have a portion of my estate as well (about 30%).
- 8. There will be a succession plan for my business that involves my slave as well.

T. Transparency and Sharing of Feelings

- 1. My slave will be totally transparent with me.
- 2. My slave's journal or blog will assist her in expressing her innermost feelings, positive and negative.
- 3. My slave will also speak freely, maintaining a respectful tone, whenever her feelings need to be expressed.
- 4. Both of us will use "I" statements to elucidate our feelings in a non-blaming way.
- 5. Both of us will learn good relationship communications and use tools to keep channels open.
- 6. This could include a specific time each week where the D/s is put aside for the sake of sharing openly.
- 7. Both of us will appreciate when the other is under stress or has made mistakes and will be understanding and supportive.
- 8. Both of us will remain loving and respectful, assuring the other that he/she is valued regardless and that the relationship is paramount.
- 9. Except for stated purposes, neither will attempt to change the other and both will adapt as the other changes over time.
- 10. Both will live by the saying, "Happiness is loving what you have, not what you want."

U. Acceptance

1. My slave will recognize those times when she feels resentment about something she is asked to do. Or she may feel uneasy about a lifestyle choice that Master has made and which she believes could be detrimental to Master's health.

- 2. My slave realizes that she can tolerate and endure such things initially, but that if resentment grows, the relationship will become unstable.
- 3. My slave will endeavour to align her will with mine based on her love and sincere desire to serve.
- 4. Transparency will enable my slave to express her difficulties.

V. Appreciation

1. Both of us will express sincere appreciation lovingly and frequently.

W. Increasing Property Value

- 1. My slave will continually improve herself with my guidance and support.
- 2. Physically this might involve changes in diet, exercise or health issues. This is an area where I maintain my prerogative to change my slave in a positive, clearly expressed manner. It is also an area where resentment is possible, so communication is essential.
- 3. Emotionally and spiritually, this might involve yoga, meditation, self-hypnosis, research into religions, etc.
- 4. Mentally this might involve reading, researching, taking classes, and participating/organizing community events.

X. Delegation

- 1. Since I am not a micromanager by nature, my slave will gladly accept responsibility over duties, projects, etc., that enable her to further demonstrate her loving servitude.
- 2. This can include household things such as cooking, shopping, cleaning, event organizing, etc.
- 3. This can also include projects such as community events.
- 4. Such delegation will be within my slave's skill set or will involve training to ensure success.
- 5. My slave will anticipate my desires and preferences to the best of her ability, improving over time.

Y. Behaviour Modification

- 1. At any one time, there may be a few clearly defined behaviours that I will want my slave to work on improving. e.g. screwing tightly the lids on pop bottles, clearing the floor of things that might be tripped over, drinking sufficient water, etc.
- 2. When a "rule" is introduced, a clear consequence of not achieving the desired change will also be stated. See Discipline for examples.
- 3. Note that behaviour modification is the prerogative of Master. In other words, my slave will not undertake to modify my behaviour, however well-meaning my slave intends the change to be.

Z. Discipline

1. My slave will be much harder on herself than I will be when she realizes that she has disappointed me.

- 2. My slave will not expect me to catch transgressions all the time.
- 3. My slave's transparency will enable her to admit mistakes without fear.
- 4. In most cases, discussing the mistake is all that will happen, perhaps with clarification from me on my expectations.
- 5. Sensation/pain is a gift that I bestow on my slave and her acceptance is a gift in return. Thus physical punishment will not occur.
- 6. This does not preclude agreed-upon "brat play" or similar role-play where "punishment" is a consequence of "bad behaviour".
- 7. My slave's transparency will enable me to determine what forms of discipline, if it's really required, will be truly effective, that is, things that the slave wishes to avoid.
- 8. Possibilities include:
 - i. Sleeping on the floor rather than with Master
 - ii. No play for a period of time
 - iii. No physical contact with Master for a period of time
 - iv. Temporary removal of my slave's collar
 - v. Time outs or isolation time
 - vi. non-erotic activities such as running on the treadmill, counting grains of sand, moving rocks from place to place, writing lines or essays

AA. Contracts and Other Agreements

- 1. When I think it's advisable, both of us will negotiate and sign written agreements.
- 2. These will have an expiry/renewal date and the agreements will be duly revisited.

BB. Guidelines for outside friendship

- 1. The friend will be invited to meet with me informally.
- 2. My slave is expected to maintain the same respect toward me with outside friends as within the community.
- 3. I will express concerns if I think this friendship is harmful in any way to the slave and/ or to me. This will be discussed and resolved in the same manner as all other conflicts as mentioned in this Protocol Manual

CC. Confidante

- 1. My slave will be encouraged to have a confidente within the lifestyle with whom she can talk freely and seek opinions.
- 2. My slave is still expected to communicate openly with me about concerns and attempt to resolve differences. Discussions with a confidante will maintain respect and love for me.

DD. Responsibility for the care and well being of The Master

- 1. My slave bears a responsibility for being aware of the mental, emotional and physical health of her Master.
- 2. If there is a decrease in the well being of Master, my slave will express her concern and any suggestions in a respectful manner in accordance with the guidelines in this Protocol Manual. Health suggestions will be supported by impartial research.
- 3. Master does not require a mother or a therapist and has made many lifestyle choices based on his best understanding of often-contradictory research and his awareness of his own body. In short, my slave will primarily discover my preferences and fulfill them without efforts to change them.